

# THE MAELOR SCHOOL



# SEX EDUCATION POLICY

Committee Responsible	Wellbeing Committee
Date Agreed	29 <sup>th</sup> February 2016
Date for Review	Spring 2019

## **Sex Education Policy**

### **Principles**

That young people are entitled to responsible and relevant sex education as a key element of personal and social education.

That successful adulthood includes understanding and constructive use of sexuality.

### **Aims**

- To promote understanding of sexual attitudes and behaviour.
- To assist the development of informed, reasoned and responsible decisions.
- To help develop self-esteem and self-confidence in young people as the foundation for responsible and caring relationships.
- To ensure knowledge of the relevant law.
- To help young people be positive and confident about the physical, emotional and moral aspects of sexual maturity.

### **Objectives**

- Knowledge and understanding about male and female puberty, menstruation, the physiology of sex, contraception, Acquired Immune Deficiency Syndrome (Aids) and Sexually Transmitted Diseases (STDs).
- Exploration of understanding of a variety of personal relationships from friendship to intimacy.
- Exploration of moral values/family values, religious values, gender roles and stereotyping.
- To promote an opportunity for students to examine their own and others' attitudes to sexual activity and related issues.

- To promote an awareness of the pressure on young people to behave in certain ways and to help improve assertiveness and the confidence to cope with such pressure.
- To further develop personal skills and qualities: i.e. listening, questioning, communicating, standpoint taking, valuing the opinions of others, empathy etc.
- To inform pupils of the legal and moral concerns surrounding social media to view and share images.

**Practice** (in the light of the above objectives).

In curriculum areas and tutorial programme, content and methods are designed to be appropriate to the age and general development of pupils in the group and to be sensitive to religious belief and cultural practices.

Outside agencies e.g. Theatre in Education may be engaged when the quality of learning outcome and resources allow.

Personal, confidential advice is available from medical practitioners and can be accessed via pastoral staff.

Reference should be made to the schools Safeguarding Policy.