APST
EDUCATION AND TRAINING



# Uniformed Protective Services

## BTEC Level 3 Extended Diploma

# Overview

Uniformed Protective Services is a bespoke academic and personal development programme designed for those interested in a career in one of the many protective services in the UK, such as Armed Forces, Emergency Services, Prison Services and Border Control and Security Agencies.

Our programmes provide our recruits with a nationally recognised qualification as well as the knowledge, leadership skills and physical and mental robustness that support them while joining the Uniformed Protective Services, whether gaining employment, apprenticeships or moving on to study at university.

# Qualification

BTEC Level 3 Extended Diploma in Uniformed Protective Services (equivalent to three A Levels)

Upon completion, all recruits are fully prepared for all progression options either academic or employment. We achieve this through the delivery of a bespoke three-part programme.

# Units Covered

- Citizenship and Diversity
- Psychology
- Physical Preparation
- Teamwork & Leadership
- Government & Politics
- Sociology
- Emergency Incidents
- Media
- Sociology
- Expedition
- Personal Fitness
- Criminology
- Personal Development

plus GCSE or Functional Skills English and Maths (if required)

# Health and Fitness

- Fitness Testing
- Stress and Mental Health
- Sports
- Adventurous Activities
- Endurance Training
- Strength and Conditioning
- Personal Hygiene
- Physical injury prevention
- Nutrition
- Sleep
- Substance Misuse
- ...plus much more

## Careers and Personal Development

- Careers and Employment
- Duke of Edinburgh Gold
- STEM
- Personal Values
- British Army Look at Life Residential
- Royal Marines Look at Life Residential
- Educational Visits
- First Aid and Emergency Care
- Effective Communication
- Service Entrance Test
- Fieldcraft
- Map Reading and Navigation
- ...plus much more

## Entry Requirement

5 GCSEs (or equivalent) including at least C/4 grade in English and Maths
Complete PSA Assessment Centre and Interview

## Progression Routes

It is our goal at Uniformed Protective Services to put all our recruits in the unique position of being fully prepared academically, physically and mentally to join the protective services on completion of the programme, or to progress onto employment, apprenticeship or university.

**University Progression:**

- Criminology
- Fire and Rescue
- Social Work
- Sociology
- Public Services
- Policing
- Law

**Employment of Apprenticeship**

- Police Force
- Fire Services
- British Army
- Royal Navy and Royal Marines
- Royal Air Force
- HM Prison and Probation Service
- UK Border Force
- Maritime and Coastguard Agency



## Where can this programme take me?

Our programme offers a nationally recognised qualification that will allow you to progress to further or higher education, employment or apprenticeships. Our bespoke Fitness and Health and Careers and Personal Development phases ensure that you have the physical ability, mental skills and personal attributes to excel in whatever your future career aspirations are.

Here are some examples of the types of Uniformed Protective Services that our recruits typically join:
Police, Fire, Ambulance Service, British Army, Royal Navy, Royal Marines, Royal Air Force, HM Prison and Probation Service, HM Revenue and Customs, Border Force, Maritime and Coastguard Agency, Royal National Lifeboats Institute, Mountain Rescue Service.

Here are some example of the types of university courses that our recruits typically progress onto:
BA (Hons) Public Service, BA (Hons) Policing Studies, BSc (Hons) Psychosocial Analysis of Offending Behaviour, BSc (Hons) Community Policing and Criminal Investigation, BSc (Hons) Cybersecurity, BSc (Hons) Policing and Criminal Investigation.

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