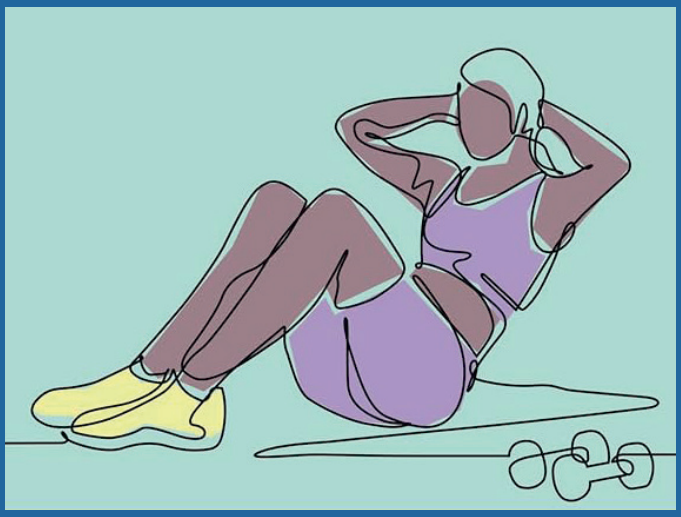
Maelor Sixth



Sport
BTEC Level 3

Subject Leader: Miss N Jones

Introduction

Pearson BTEC Level 3 National Extended Certificate in Sport gives a broad basis of study for the sport sector through applied learning. This qualification is designed to support progression to higher education when taken as part of a programme of study that includes other appropriate BTEC Nationals or A Levels.

The Course

Mandatory Units

- Anatomy and Physiology
- Fitness Training and Programming for Health, Sport and Well-being
- Professional Development in the Sports Industry

Optional Units

- Sports Leadership
- Application of Fitness Testing
- Sports Psychology
- Practical Sports Performance

Assessment

Year 1 - Applied Certificate
Unit 1 - written examination worth 50%
Units 2 and 3 - coursework both worth 25% of the applied certificate

Year 2 - Applied Diploma
Unit 4 - coursework is worth 50%
Unit 5 - coursework is worth 25%
Unit 6 - written examination worth 25%

Entry Requirement

GCSE grade C/4 in PE, English and Maths

Further Information

Links to Future Careers

A BTEC in Sport sets up progression into sports science degrees or specific vocational pathways:

- Higher Education - University courses like Sports Coaching, Physical Education (PE) Teaching, Physiotherapy, and Sports Management.

- Immediate Employment - Careers as personal trainers, leisure centre managers, fitness instructors, and assistant sports coaches.





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