



Guild of Food Writers

Children's Cooking Campaign SPONSORED BY SACLA'

Cookery Competition: CookIt! 2008

The Guild is asking budding young cooks, aged between 10 and 14, to create a two-course family meal for a special occasion using mainly fresh and healthy ingredients. The main course and pudding should serve between 2 and 4 people and cost a maximum of £20.00 to make. Recipes should also take no longer than 1 hour 30 minutes to prepare and cook.

Download, print and fill in the [CookIt! entry form, rules and information by clicking here](#).

The closing date for entries is Monday 7 April 2008.

After an initial judging, six finalists will be asked to join us in London on Thursday 22 May 2008, to prepare their recipes at the BBC Good Food test kitchens in front of a panel of judges.

Food Writing Competition: CookIt-Writelt! 2008

This year the Guild has introduced a food writing section to its annual Cook It! competition: CookIt-Writelt! Open to applicants aged between 15 and 18, entrants are required to write a descriptive 750-word piece based on any food-related subject such as a visit to a restaurant, market or food shop, either in Britain or abroad.

Download, print and fill in the [CookIt-Writelt! entry form, rules and information by clicking here](#).

The panel of judges is looking for a lively descriptive piece that shows a real interest in and knowledge of food. Entries should be emailed to us by Monday 21 April 2008.

Full details of both competitions will be available shortly with information on how to apply and the wonderful prizes to be won.

If you would like to register your interest in CookIt! 2008 or CookIt-Writelt! 2008 please email the Guild's Administrator, [Jonathan Woods](#) .